

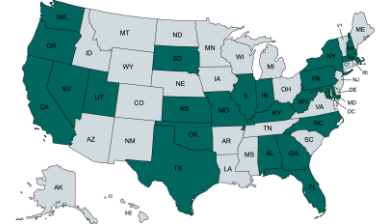


Our Mission

RAFT supports organizations and advocates to cultivate human-centered workspaces through foundational wellness practices, resources, and training to build resilience and promote a healthier gender-based violence advocacy ecosystem.

Who we serve

We support SV & DV agencies, coalitions and collaborative groups, as well as national groups like NOVA and the Armed Forces. We have facilitated workshops in over 22 US States to approximately 5,548 advocates since 2018 (as of August 2024).



Our Programs

Building Blocks to Resilience Virtual Workshop Series:

- ★ The Importance of Personal Boundaries
- ★ Discovering Your Values and Saying “No” in a Positive Way
- ★ Building Resilience to Shame
- ★ Strengths in Decision-Making
- ★ Thriving Through Gratitude and Empathy

Four Support Calls each month:

- ★ [Advocate Support Call](#) – 1st Wednesday + 4th Friday
- ★ Advocacy Leadership Call – 2nd [Tuesday](#) and [Wednesday](#)
- ★ [Advocate-Survivor Support Call](#) – 3rd Wednesday

Plus, online offering such as:

- ★ [Podcasts](#), [Blogs](#), and [Newsletters](#)

Testimonial

“All of it has helped me improve areas of my life. Boundaries, releasing shame, getting clear on my current values, and understanding what strengths I can use to help in my work and personal life.”

- Workshop Participant, 2023



Our Founder

RAFT was founded by Indrani Goradia in 2006, with a vision to end gender-based violence globally. Indrani is an acclaimed author, speaker, trainer, coach, and philanthropist with a personal mission to advocate for domestic violence and sexual violence survivors.